

Los Angeles Unified School District
Division of Instruction
Health Education Programs

Health Education Supports by Grade Level

ELEMENTARY SCHOOL

Health Textbook: *Health & Wellness*, Macmillan/McGraw Hill

Kindergarten:	<p>Chapter 5: A Clean and Fit You (Pg. 61-67) <u>Big Book</u> Pg. 12-13: Set Health Goals</p> <p>Chapter 8: Staying Well (Pg. 109-113) <u>Big Ideas Book</u> Pg. 42-43, What do you do to Stay Well?</p>
Grade 1:	<p><u>Big Life Skills:</u> Chapter 5: Pg. 12-13 Practice Healthful Habits</p> <p><u>Big Ideas Book:</u> Chapter 5: Pg. 20-21 How can you Look and Feel Your Best Chapter 8: Pg. 36-37 How can you Stay Well? Chapter 9: Pg. 40-41 How can you Choose Health Products Wisely?</p>
Grade 2:	<p>Chapter 4: Pg. 86-87 Lesson 10: How Germs Spread, Help Other be Healthy. <u>Reader</u> Pg.14-15</p> <p>Chapter 5: Keeping Clean and Fit <u>Health Big Book:</u> Pg. 20-21 What do you do to Stay Clean, Healthy, and Fit</p>
Grade 3:	<p>Chapter 8: Communicable and Chronic Diseases (D34-D45) D37 Washing Hands Correctly (illustration) D44-45 Practice Healthful Behaviors (activity)</p>
Grade 4:	<p>Chapter 4 Nutrition B54 Table Manners (handwashing) B64 Foodborne Illness (handwashing)</p> <p>Chapter 8: Communicable and Chronic Diseases (D38-D49) D38 Quick Start – Passing Pathogens (handwashing) D42 Keeping Pathogens from Spreading (handwashing) D49 Your Healthful Habits (handwashing) D54 Set Health Goals (activity)</p>
Grade 5:	<p>Chapter 1: Mental and Emotional Health A6 Lesson 1 Practice Healthful Habits (handwashing)</p> <p>Chapter 4: Nutrition B52 Lesson 3 Wash Hands, Foods, and Utensils</p>

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	Chapter 8: Communicable and Chronic Diseases (D42-D58) D48-49 How Pathogens Enter your Body, Reducing Risk, Practice Healthful Behaviors (activity) D54 Habits to Form (list)
Grade 6:	Chapter 6: Violence and Prevention Injury C63 Being Safe at Home and Outdoors Chapter 8: Communicable and Chronic Diseases (D48-D55) D52 Handwashing (illustration) D55-55 Avoiding Communicable Diseases (chart)

MIDDLE SCHOOL

Health Textbook: *Teen Health A*, Glencoe (Grade 6)
Teen Health B, Glencoe (Grade 7)

Grade 6	Chapter 7: Causes of Diseases (Pg. 180-190) Pg. 189 Handwashing for Health
Grade 7	Chapter 12: Understanding Communicable Diseases (Pg. 330-359) Pg. 353-354 Handwashing

HIGH SCHOOL

Health Textbook: *Lifetime Health*, Holt

Grade 9	Chapter 13: Protecting Yourself from Infectious Diseases (Pg. 322-328) pg. 327-328 (handwashing) Chapter 21, Section 3: Pg. 506-507 – Practice Universal Precautions Express Lesson: Pg. 552-555 – Public Health
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For questions or comments, please contact:

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